

# Exploring Career Pathways: Get to Know Yourself Worksheet



## Activities that sound interesting to me

- preparing medicines in a pharmacy
- helping sick people
- working with animals
- helping with sports injuries
- studying anatomy and disease
- performing surgery

## Personal qualities that describe me

- compassionate and caring
- good listener
- follow directions carefully
- conscientious and careful
- patient

## In my free time I would enjoy

- volunteering in a hospital
- taking care of pets
- exercising and taking care of myself

## School subjects or activities that I enjoy or do well in

- math
- science
- biology
- chemistry

## I value

- living a healthy lifestyle
- time with family and friends

TOTAL NUMBER CHECKED:



## Activities that sound interesting to me

- predicting weather
- predicting or measuring earthquakes
- growing flowers or trees, gardening
- studying rocks and minerals
- raising fish or other animals
- working in a chemistry lab

## Personal qualities that describe me

- enjoy helping others with problems
- nature lover
- physically active
- problem solver
- observant

## In my free time I would enjoy

- hiking
- participating in 4-H or FFA
- experimenting with a chemistry set

## School subjects or activities that I enjoy or do well in

- math
- geography
- biology
- geometry

## I value

- the environment
- animal wellbeing

TOTAL NUMBER CHECKED:



## Activities that sound interesting to me

- reading or writing stories or articles
- designing/building scenery for plays
- gardening
- taking photographs
- acting in a play or movie
- listening to or playing music

## Personal qualities that describe me

- imaginative
- creative
- outgoing
- enjoy using my hands to create things
- performer

## In my free time I would enjoy

- acting in a play
- drawing or painting pictures
- working on the school newspaper or yearbook

## School subjects or activities that I enjoy or do well in

- social studies
- choir, chorus, or band
- creative writing
- art

## I value

- art or music
- personal creativity

TOTAL NUMBER CHECKED:

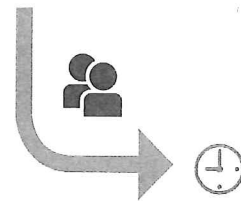
ACTIVITIES

QUALITIES

FREE TIME

SCHOOL

VALUES



### Activities that sound interesting to me

- putting things together
- designing buildings
- working on cars, mechanical things
- using advanced math to solve problems
- gardening
- using tools

### Activities that sound interesting to me

- interviewing people
- using a computer to do math
- typing letters, forms, banners
- keeping records, filing, taking notes
- working with numbers
- organizing files and paperwork

### Activities that sound interesting to me

- helping people solve problems
- working with kids
- working with elderly people
- preparing food
- being involved in politics
- solving a mystery

### Personal qualities that describe me

- practical
- enjoy using my hands
- logical
- good at following directions
- observant

### Personal qualities that describe me

- practical
- independent
- organized
- enjoy using machines
- enjoy being around people

### Personal qualities that describe me

- friendly
- open
- outgoing
- good at making decisions
- good listener

### In my free time I would enjoy

- building stage sets for a school play
- sketching cars, parts, or objects
- working on cars

### In my free time I would enjoy

- being in a speech contest or debate
- using a computer
- volunteering in a hospital office

### In my free time I would enjoy

- tutoring young children
- helping with a community project
- coaching kids in a sport

### School subjects or activities that I enjoy or do well in

- math
- geometry
- woodworking
- science

### School subjects or activities that I enjoy or do well in

- speech
- language
- math
- marketing

### School subjects or activities that I enjoy or do well in

- language arts
- history
- speech
- math

### I value

- creating or overseeing projects
- using technology

### I value

- change
- entrepreneurship

### I value

- working with or helping others
- family and community

TOTAL NUMBER CHECKED:

TOTAL NUMBER CHECKED:

TOTAL NUMBER CHECKED:

# Exploring Career Pathways: Get to Know Yourself Worksheet (cont.)

What did you find out about yourself? Below are descriptions of six career pathways or career clusters and the types of careers associated with each.



**Arts and Communications Pathway:** all forms of communication, as well as performing and visual arts.



**Engineering, Manufacturing, and Industrial Technology Pathway:** design, manufacture, and repair of products.



**Human Services Pathway:** serving, teaching, helping, and nurturing others.



**Business, Management, Marketing, and Technology Pathway:** all aspects of promotion, business, management, and technology.



**Health Sciences Pathway:** promoting health and treating injuries, conditions, and diseases.



**Natural Resources and Agriscience Pathway:** growing or producing plants and animals and preserving natural resources.

## Identify Your Skill Set: Career Pathway and Careers

My favorite career pathway: \_\_\_\_\_ Score: \_\_\_\_\_

Three careers to explore related to this pathway:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

My second favorite career pathway: \_\_\_\_\_ Score: \_\_\_\_\_

Three careers to explore related to this pathway:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_